

MINDSET CURRICULUM SESSION 2024-25 CLASS V FINAL TERM

Topic 1 -Olympics

1. When were the first modern Olympic Games held?

- a) 1896
- b) 1900
- c) 1912
- d) 1920
- Ans A

2. Which city hosted the 2016 Summer Olympics?

- a) London
- b) Rio de Janeiro
- c) Tokyo
- d) Athens

Ans B

3. What do the five rings on the Olympic flag represent?

- a) Continents
- b) Countries
- c) Sports
- d) Athletes

Ans A

4. In which sport is the term 'medley' used in the Olympics?

- a) Swimming
- b) Gymnastics
- c) Athletics
- d) Boxing

Ans A

5. Which country has won the most medals in the history of the Summer Olympics? a) China

b) Russiac) USAd) GermanyAns C

6. Who is the only athlete to win Olympic gold medals in both the Summer and Winter Games?

- a) Usain Boltb) Michael Phelps
- c) Eddie Eagan
- d) Jesse Owens

Ans C

7. Which of these sports is not part of the Summer Olympics?

- a) Basketball
- b) Ice Hockey
- c) Football
- d) Tennis
- Ans B

8. How often are the Olympic Games held?

- a) Every 2 years
- b) Every 4 years
- c) Every 6 years
- d) Every 8 years

Ans B

9. Which of these cities has hosted the Summer Olympics twice?

- a) Paris
- b) Tokyo
- c) Los Angeles
- d) Berlin

Ans C

10. Who lights the Olympic flame at the opening ceremony?

- a) The host country's President
- b) A famous athlete
- c) The IOC President
- d) A child from the host country

Ans B

11. Which country hosted the first Winter Olympics in 1924?

- a) Norway
- b) Switzerland

c) Franced) CanadaAns C

12. Which of these sports was introduced in the 2020 Tokyo Olympics?

a) Karateb) Basketballc) Archeryd) SwimmingAns A

13. What is the motto of the Olympic Games?

a) Faster, Higher, Strongerb) Unity, Friendship, Peacec) Strength in Numbersd) Play FairAns A

14. In which year were the Olympic Games canceled due to World War II?

- a) 1936
- b) 1940
- c) 1944
- d) Both b and c

Ans D

15. Which country won the first gold medal of the modern Olympics?

- a) Greece
- b) USA
- c) France
- d) Great Britain
- Ans B

16. Which Olympic event is the longest running race?

- a) 400 meters
- b) Marathon
- c) 1500 meters
- d) 10,000 meters

Ans B

17. Which of these is a Paralympic sport?

- a) Boccia
- b) Hockey
- c) Rugby
- d) Sailing

Ans A

18. In which year did women first compete in the Olympic Games?

- a) 1900
- b) 1920
- c) 1936
- d) 1952
- Ans A

19. What is awarded to the athlete who finishes first in their event?

- a) Bronze Medal
- b) Silver Medal
- c) Gold Medal
- d) Certificate
- Ans C

20. Which of these athletes is known for winning 8 gold medals in a single Olympic Games?

- a) Carl Lewisb) Michael Phelpsc) Mark Spitz
- d) Nadia Comăneci

Ans B

Topic 2 -States and their Capitals

21. What is the capital of India?

- a) New Delhi
- b) Mumbai
- c) Kolkata
- d) Chennai
- Ans A

22. Which state has its capital as Bengaluru?

- a) Maharashtra
- b) Karnataka
- c) Tamil Nadu
- d) Kerala
- Ans B

23. What is the capital of Maharashtra?

- a) Mumbai
- b) Pune
- c) Nagpur
- d) Nashik

Ans A

24. Which state has its capital as Hyderabad?

- a) Andhra Pradesh.
- b) Tamil Nadu
- c) Telangana.
- d) Mumbai

Ans C

25. What is the capital of Uttar Pradesh?

- a) Lucknow
- b) Kanpur
- c) Allahabad
- d) Varanasi

Ans A

26. Which capital belongs to the state of Gujarat?

- a) Ahmedabad
- b) Gandhinagar
- c) Mumbai
- d) Pune

Ans B

27. Which state has its capital as Chennai?

- a) Tamil Nadu
- b) Kerala
- c) Karnataka
- d) Andhra Pradesh

Ans A

28. Which capital belongs to the state of Madhya Pradesh?

- a) Bhopal
- b) Indore
- c) Jabalpur
- d) Gwalior

Ans A

29. Which state has its capital as Jaipur?

- a) Rajasthan
- b) Gujarat
- c) Maharashtra
- d) Uttar Pradesh

Ans A

30. Which capital belongs to the state of West Bengal?

a) Kolkata
b) Mumbai
c) Delhi
d) Chennai
Ans A

31. Identify the state whose capital is Thiruvananthapuram.

a) Kerala
b) Tamil Nadu
c) Karnataka
d) Andhra Pradesh
Ans A

32. Identify the state whose capital is Kohima.

- a) Nagaland b) Manipur
- c) Mizoramd) Arunachal Pradesh
- Ans A

33. Which capital is known as the "City of Lakes"?

- a) Udaipur
- b) Jaipur
- c) Jodhpur
- d) Bhopal

Ans A

34. Which capital is located on the banks of the Ganges River?

- a) Kolkata
- b) Patna
- c) Allahabad
- d) Varanasi
- Ans C

35. Which capital is known as the "Pink City"?

- a) Jodhpur
- b) Udaipur
- c) Ajmer
- d) Jaipur

Ans D

36. How many states are there in India?

- a) 28
- b) 29

c) 30d) 31Ans B

37. Which capital is also a union territory?

- a) New Delhi
- b) Mumbai
- c) Chennai
- d) Kolkata
- Ans A

38. Which state has the largest number of districts?

- a) Uttar Pradesh
- b) Maharashtra
- c) Bihar
- d) Madhya Pradesh

Ans A

39. Identify the state whose capital is Chandigarh.

- a) Punjab
- b) Haryana
- c) Himachal Pradesh
- d) Both a and b

Ans D

40. Which capital is located on the banks of the Yamuna River?

- a) New Delhi
- b) Mumbai
- c) Kolkata
- d) Chennai
- Ans A

Topic 3 - Longest Rivers and Largest Lakes

41. Which is the longest river in the world?

- a) Amazon
- b) Nile
- c) Yangtze
- d) Mississippi

Ans B

42. The longest river in India is:

- a) Ganga
- b) Yamuna

c) Brahmaputrad) GodavariAns A

43. Which lake is considered the largest freshwater lake in the world by surface area?

a) Lake Superior
b) Lake Tanganyika
c) Lake Victoria
d) Caspian Sea
Ans A

44. The Amazon River flows through which continent?

- a) Africa b) Asia
- c) South America
- d) Europe
- Ans C

45. Which river is the longest in Africa?

- a) Congo
- b) Niger
- c) Nile
- d) Zambezi

Ans C

46. Which is the largest lake in India?

- a) Chilika Lake
- b) Vembanad Lake
- c) Wular Lake
- d) Sambhar Lake
- Ans C

47. The longest river in North America is:

- a) Mississippi-Missouri
- b) Yukon
- c) Colorado
- d) Rio Grande

Ans A

48. Which is the longest river in Asia?

- a) Ganges
- b) Mekong
- c) Yangtze
- d) Indus

Ans C

49. The longest river in Europe is:

a) Volga

- b) Danube
- c) Dnieper
- d) Rhine
- Ans A

50. Which lake is the deepest in the world?

- a) Lake Baikal
- b) Lake Superior
- c) Lake Tanganyika
- d) Caspian Sea

Ans A

51. Which of the following rivers flows through Egypt?

- a) Amazon
- b) Yangtze
- c) Nile
- d) Thames

Ans C

52. Lake Victoria is located in:

- a) North America
- b) Africa
- c) Europe
- d) Asia

Ans B

53. Which river is known for its delta that forms the Sundarbans in India?

- a) Yamuna
- b) Brahmaputra
- c) Ganga
- d) Godavari

Ans C

54. Which river has the largest drainage basin in the world?

- a) Amazon
- b) Nile
- c) Congo
- d) Ganges

Ans A

55. Which is the longest river in South America?

a) Orinoco
b) Amazon
c) Paraná
d) Tocantins
Ans B

56. Which river flows through the city of London?

- a) Thames
- b) Seine
- c) Danube
- d) Rhine

Ans A

57. Which river is known as the "Lifeline of Egypt"?

- a) Ganges
- b) Yangtze
- c) Nile
- d) Amazon
- Ans C

58. Which river in India is considered sacred by Hindus?

- a) Godavari
- b) Ganga
- c) Krishna
- d) Narmada

Ans B

59. Which river flows through the most countries in the world?

- a) Danube
- b) Amazon
- c) Nile
- d) Yangtze
- Ans A

60. Which lake is known for its unique shape that resembles a crescent moon?

- a) Lake Tanganyikab) Lake Tanac) Lake Titicacad) Lake Baikal
- Ans D

Topic 4 - Nationalism

61. What is nationalism?

a) Love for animals

b) Love for one's countryc) Love for a particular hobbyd) Love for famous peopleAns B

62. Which of the following is a symbol of nationalism?

a) A comic book
b) A national flag
c) A toy
d) A video game
Ans B

63. What does the national anthem represent?

- a) A popular song
- b) A story about animals
- c) A song expressing love for the country
- d) A funny tune
- Ans C

64. What is a national holiday?

- a) A day off from school
- b) A day to celebrate something important for the country
- c) A day for buying gifts
- d) A day to watch TV

Ans B

65. Which of these is an example of a national symbol?

- a) A famous restaurant
- b) A country's flag
- c) A popular book
- d) A famous movie

Ans B

66. Why do people celebrate their country's independence day?

- a)To remember a historical event when the country became free
- b) To go shopping
- c) To watch movies
- d) To eat special food
- Ans A

67. What is a national monument?

- a) A building where people live
- b)A place that represents a country's history or culture
- c) A place to buy clothes

d) A playground **Ans B**

68. Which of these is NOT a way to show nationalism?

- a) Wearing the national flag on clothing
- b) Celebrating national holidays
- c) Ignoring country's history
- d) Singing the national anthem
- Ans C

69. Why might people wave their country's flag at a parade?

- a) To show support and pride for their country
- b) To sell items
- c) To watch sports
- d) To play games

Ans A

70. Which of the following can be a part of a country's cultural heritage?

- a)National food
- b) Popular TV shows
- c) International sports
- d) Fashion trends from other countries

Ans A

71. What is a national flag?

- a)A flag that represents a country
- b) A flag used in school
- c) A flag used in company
- d) A flag that shows a specific sports team
- Ans A

72. What do you call a person who loves and supports their country?

a)A touristb) A traitorc)A patriotd) A visitorAns C

73. What is a common activity during national festivals?

- a)Visiting a local park
- b) Watching a movie at home
- c) Attending parades
- d) Going for a shopping

Ans C

74. How can historical events influence nationalism?

a) They provide entertainment
b) They offer educational content
c) They help shape national identity and pride
d) They are only for academic study
Ans C

75. How might a person show their nationalism during a national holiday?

- a)By visiting a zoob)By wearing national colours or symbolsc)By wearing new clothes
- d)By going to a theme park

Ans B

76. What do you call a person who does NOT love and support their county?

- a)A traitor
- b) A visitor
- c) A tourist
- d) None of the above

Ans A

77. What is the purpose of the national anthem?

a)To entertain people
b)To advertise products
c)To celebrate personal achievements
d)To inspire national pride and unity
Ans D

78. Who wrote our national anthem?

a)Rabindranath Tagore
b) Mahatma Gandhi
c) Sarojini Naidu
d) All of the above
Ans A

79. What is brotherhood?

- a)To fight with the country
- b) To be a traitor
- c) To die for the country
- d) To show feeling to shared interest and support

Ans D

80. Which colour combination is found in the flag of India?

a)Blue, red and whiteb) Orange,pink and yellowc) Saffron, white and greend) Red, purple and greenAns C

Topic 5- Empathy based Questions

81. If you see a classmate sitting alone at lunch, what should you do?

- A) Ignore them
- B) Invite them to join you
- C) Laugh at them
- D) Ask why they are alone

Ans B

82. When a friend tells you they are feeling sad, what is the best response?

- A) Tell them to cheer up
- B) Listen and ask how you can help
- C) Change the subject
- D) Ignore their feelings
- Ans B

83. If someone is being teased at school, what can you do?

- A) Join in on the teasing
- B) Stand up for them and tell the bully to stop
- C) Walk away
- D) Laugh at the situation

Ans B

84. How would you feel if your best friend forgot your birthday?

- A) Happy
- B) Angry
- C) Sad and disappointed
- D) Indifferent

Ans C

85. What's a good way to show support when a friend is nervous about a test?

- A) Ignore their feelings
- B) Help them study or encourage them
- C) Tell them it doesn't matter
- D) Make fun of their worries

Ans B

86. If you notice someone struggling with their backpack, what should you do?

A) Laugh at themB) Offer to help themC) Keep walkingD) Tell them to be more carefulAns B

87. When someone shares their problems with you, what's an important thing to do?

- A) Give advice immediately
- B) Listen without interrupting
- C) Change the topic
- D) Tell them to get over it

Ans B

88. How can you show kindness to someone who is new in school?

- A) Ignore them
- B) Introduce yourself and invite them to play
- C) Make fun of their clothes
- D) Avoid eye contact

Ans B

89. If a friend is excited about a new hobby, how should you react?

- A) Show disinterest
- B) Ask questions and share their excitement
- C) Tell them it's a silly hobby
- D) Change the topic to something else

Ans B

90. What should you do if you see someone drop their books?

- A) Keep walking
- B) Help them pick up their books
- C) Laugh at them
- D) Tell them to be more careful

Ans B

91. When someone is feeling angry, what is the best way to respond?

- A) Yell back at them
- B) Try to understand why they feel that way
- C) Ignore their feelings
- D) Make jokes about their anger

Ans B

92. If a friend shares their fears with you, what's the best thing to say?

- A) "That's silly!"
- B) "I understand; it's okay to feel that way."

C) "You shouldn't be scared."

D) "Just get over it."

Ans B

93. When a teammate makes a mistake in a game, how should you respond?

- A) Yell at them for messing up
- B) Encourage them and say it's okay
- C) Blame them for losing
- D) Ignore them
- Ans B

94. How can you make someone feel better when they are upset?

- A) Tell them to stop being sad
- B) Offer a hug or kind words
- C) Leave them alone completely
- D) Talk about your own problems

Ans B

95. If you overhear someone saying something mean about another person, what should you do?

- A) Join in and agree
- B) Stand up for the person being talked about
- C) Say nothing and walk away
- D) Spread the rumor further

Ans B

96. What does it mean to put yourself in someone else's shoes?

- A) To wear their shoes
- B) To understand how they feel
- C) To ignore their feelings
- D) To criticize their choices

Ans B

97. If a friend is feeling left out during a game, how can you help?

- A) Tell them to just join in
- B) Invite them to play with you and include them
- C) Ignore their feelings
- D) Laugh at them for being left out

Ans B

98. How should you react if someone tells you they are being bullied?

- A) Tell them to deal with it themselves
- B) Encourage them to talk to an adult or seek help
- C) Laugh and say it's not a big deal

D) Ignore their problem **Ans B**

99. When someone shares good news with you, what should you do?

- A) Act disinterested
- B) Celebrate with them and show excitement
- C) Change the topic to your own news
- D) Downplay their achievement

Ans B

100. If your sibling is upset about something small, how should you respond?

- A) Tell them it's not a big deal
- B) Listen and try to understand why they feel that way
- C) Ignore them completely
- D) Make fun of their feelings

Ans B